

CHRISTUS Santa Rosa Physicians Ambulatory Surgery Center- Stone Oak
502 Madison Oak Drive
San Antonio, TX 78258
Phone: 210-499-6700

Surgeon: **Jeremiah Brown Jr., M.D., M.S.**

Date of Surgery: _____

PRE-OPERATIVE INSTRUCTIONS

1. Make an appointment with your primary doctor immediately after scheduling the date of your surgery. This appointment should be within two weeks of the surgery. Please give him the attached information.
2. EKG and lab work must be completed within two weeks before surgery. Have the doctor send all reports to our office at least 3-4 days before your surgery.
3. Continue all of your present medications, including blood pressure medications and eye drops. ***DO NOT take aspirin, blood thinners, or medicines for arthritis for SEVEN days before surgery.*** Discuss with your primary physician whether it is safe for you to stop these medications.
4. Start _____ drops _____ times a day _____ days before surgery.
5. **DO NOT** eat or drink anything after midnight on the evening before surgery. You may drink enough water to swallow any necessary medications. ***Keep in mind, if you have a glass of water or anything to eat, your surgery will be cancelled.***
6. If you take **blood pressure medication**, please take your morning dose with a sip of water on the day of surgery.
7. Wash your face with soap the night before surgery and again in the morning before surgery. Do not apply any cream, lotion, or oils to your face. Remove fingernail polish.
8. Do not apply makeup the morning of surgery. Clean your face of any makeup.
9. Bring a list of all your medications to the surgical center with you.
10. Our office will contact you 1-2 days prior to surgery to confirm your time of arrival. Also be expecting a call from the *CHRISTUS Santa Rosa Physicians Ambulatory Surgery Center.*
11. Please make arrangements for someone to drive you to and from surgery--as well as your postoperative appointment the next day.
12. **If you have any questions**, call our office at 210-693-1063